

# Not Alone with Psoriasis

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For the longest time, psoriasis patients have been living in the shadows of their 'regular' friends and acquaintances. Our unconscious actions, stares and whispers only made life more difficult and unbearable for these patients. Eventually, the feeling of loneliness, the thoughts of suicide and depression will creep into their minds, unwillingly.

Let's break the stigma against psoriasis. Let's understand what these patients go through. Let's learn more about what psoriasis really is. After all, they are no less of a person than everyone is.

Learn and understand more:

[www.mypsoriasis.my](http://www.mypsoriasis.my)

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**Source URL:** <https://www.novartis.com/my-en/stories/not-alone-psoriasis>

## List of links present in page

- <https://www.novartis.com/my-en/my-en/stories/not-alone-psoriasis>
- <https://www.novartis.com/my-en/my-en/tags/category/education-and-awareness>
- <https://mypsoriasis.my/>